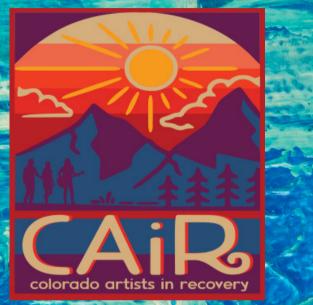
# Free Workshops



#### www.ColoradoArtistsInRecovery.org

## MORE INFO / TO REGISTER



Info@ColoradoArtistsInRecovery.org

#### **TRAUMA-INFORMED YOGA - DROP IN CLASS**

EVERY MONDAY AND SATURDAY IN PERSON AT FREE RECOVERY COMMUNITY - DENVER MONDAY - 6:15PM TO 7:15PM SATURDAY II:15AM TO 12:15PM

### **POETRY CLUB**

JANUARY 22ND AND FEBRUARY 26TH IN PERSON AT FREE RECOVERY COMMUNITY - DENVER WEDNESDAY - 6:30PM TO 8:00PM

### **DRUM CIRCLE**

THIRD WEDNESDAY OF EVERY MONTH IN PERSON AT FREE RECOVERY COMMUNITY - DENVER WEDNESDAY AT 8:30PM

## **OPEN STUDIO FOR CREATING & COMMUNITY**

2ND AND 4TH SUNDAY OF EVERY MONTH IN PERSON AT FREE RECOVERY COMMUNITY - DENVER II:00AM TO I:00PM

#### **VIRTUAL OPEN STUDIO**

EVERY SUNDAY ON ZOOM 4:00PM TO 6:00PM (MST)

#### **CREATIVE MEDITATION**

LAST SATURDAY OF EVERY MONTH ON ZOOM I0:00AM TO II:00AM (MST)

All workshops are FREE for those in recovery!